

Nursing Unit January 2024 Activity Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Residents Right: The right to receive a level of care and services that address the residents changing physical & psychosocial status.	1 9:30 Exercise 10:15 Music & Manicures 1:30 A Lil Pick Me Up 2:30 Name That Tune 3:30 Sparkling Cider 5:45 TV Classics	2 9:30 Exercise 10:15 Balloon Volley 1:30 A Lil Pick Me Up 2:30 IN2L Games 3:30 Hydration Station 5:45 Hand Massages	3 9:30 Exercise 10:15 IN2L Game 1:30 A Lil Pick Me Up 2:00 Ball Toss 2:30 Penny Ante 3:30 Social w/ Friends 5:45 Physical Stimulations	4 9:30 Exercise 10:15 Coffee Social 1:30 A Lil Pick Me Up 2:00 Afternoon Stretch 2:30 Shooting Hoops 3:30 Snack and Chat 5:45 Favorite Songs	5 9:30 Exercise 10:15 IN2L Games 1:30 A Lil Pick Me Up 2:00 National Bird Day 2:30 Bingo 3:30 TGIF Social 5:45 Movie Night	6 9:30 Exercise 10:15 Apple Tree 1:30 A Lil Pick Me Up 2:00 IN2L Sing Along 2:30 Table Games 3:30 Snack and Chat
	7 10:00 Catholic Mass with Father John 1:30 Nondenominational Church Service 2:30 Refreshments and Music	8 9:30 Exercise 10:15 Music & Manicures 1:30 A Lil Pick Me Up 2:00 Name that Tune 2:30 Show and Tell Day 3:30 Snack and Chat 5:45 TV Classics	9 9:30 Exercise 10:15 Baking Cookies 1:30 A Lil Pick Me Up 2:30 IN2L Games 3:30 Hydration Station 5:45 Hand Massages	10 9:30 Exercise 10:15 IN2L 1:30 A Lil Pick Me Up 2:00 Follow My Moves 2:30 Bowling 3:30 Social with Friends 5:45 Physical Stimulations	11 9:30 Exercise 10:15 Coffee Social 1:30 A Lil Pick Me Up 2:00 Afternoon Stretch 2:30 Snowman Art 3:30 Snack and Chat 5:45 Finish the Phrase	12 9:30 Exercise 10:30 Resident Council 1:30 A Lil Pick Me Up 2:00 Kiss A Ginger Day 2:30 Bingo 3:30 TGIF Social 5:45 Movie Night
14 10:00 Catholic Mass with Father John 1:30 Nondenominational Church Service 2:30 Refreshments and Music	15 9:30 Exercise 10:15 Music & Manicures 1:30 A Lil Pick Me Up 2:30 MLK, Jr Facts & Sing Along with Friends 5:45 TV Classics	16 9:30 Exercise 10:15 Coloring to Music 1:30 A Lil Pick Me Up 2:30 IN2L Games 3:30 Hydration Station 5:45 Hand Massages	17 9:30 Exercise 10:15 IN2L 1:30 A Lil Pick Me Up 2:00 Short Stories 2:30 Tic Tac Toe 3:30 Social with Friends 5:45 Physical Stimulations	18 9:30 Exercise 10:15 Coffee Social 1:30 A Lil Pick Me Up 2:00 Afternoon Stretch 2:30 Card Bingo 3:30 Snack and Chat 5:45 Name 10	19 9:30 Exercise 10:15 IN2L Games 1:30 A Lil Pick Me Up 2:00 Michigan Day 2:30 Bingo 3:30 TGIF Social 5:45 Movie Night	20 9:30 Exercise 10:15 DIY Chocolates 1:30 A Lil Pick Me Up 2:00 IN2L Sing Along 2:30 Table Games 3:30 Snack and Chat
21 10:00 Catholic Mass with Father John 1:30 Nondenominational Church Service 2:30 Refreshments and Music	22 9:30 Exercise 10:15 Music & Manicures 1:30 A Lil Pick Me Up 2:00 Catholic Communion 2:30 Karaoke Time 3:30 Snack and Chat 5:45 TV Classics	23 9:30 Exercise 10:15 Winter Collages 1:30 A Lil Pick Me Up 2:30 IN2L Games 3:30 Hydration Station 5:45 Hand Massages	24 9:30 Exercise 10:15 IN2L 1:30 A Lil Pick Me Up 2:00 Winter Poems 2:30 Song Puzzles 3:30 Social with Friends 5:45 Physical Stimulations	25 9:30 Exercise 10:15 Coffee Social 1:30 A Lil Pick Me Up 2:30 Celebrating January Birthdays "Winter Wonderland" 5:45 Cliches	26 9:30 Exercise 10:15 IN2L Games 1:30 A Lil Pick Me Up 2:00 Australia Day 2:30 Bingo 3:30 TGIF Social 5:45 Movie Night	27 9:30 Exercise 10:15 Snowman 1:30 A Lil Pick Me Up 2:00 IN2L Sing Along 2:30 Puzzles & Music 3:30 Snack and Chat
28 10:00 Catholic Mass with Father John 1:30 Nondenominational Church Service 2:30 Refreshments and Music	29 9:30 Exercise 10:15 Music & Manicures 1:30 A Lil Pick Me Up 2:00 Famous Sayings 2:30 Puzzles and Music 3:30 Snack and Chat 5:45 TV Classics	30 9:30 Exercise 10:15 Water Color Art 1:30 A Lil Pick Me Up 2:30 IN2L Games 3:30 Hydration Station 5:45 Hand Massages	31 9:30 Exercise 10:15 IN2L Games 1:30 A Lil Pick Me Up 2:00 Name 5 2:30 Fill in the Bank 3:30 Social with Friends 5:45 Physical Stimulations			