

# HEARTHSEIDE COMMONS NOVEMBER 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<b>1</b> 9:30 Morning Social 10:00 Exercise 10:15 Music & Manicures 1:30 Word Games 2:00 This Month in History 2:30 Singing Seniors 3:30 Hydration Station 6:30 Movie Night	<b>2</b> 9:30 Java & Jive 10:00 Moring Workout 10:15 Survey Says 1:30 Weather Watchers 2:00 Yoga Moves 2:30 Calendar Craft 3:30 Snack and Chat 6:30 30 min. Bingo	<b>3</b> 9:30 Coffee Social 10:00 Zumba 10:15 Target Golf 1:30 Spot the Difference 2:00 Cliches 2:30 Bingo 3:30 TGIF Social	<b>4</b> 9:30 Cup of Joe 10:00 Sit and Be Fit 10:15 Crossword Puzzle 1:30 Feel it Out 2:00 Activity Packets 2:30 Bingo 3:30 Rat Pack Music
<b>5</b> 10:00 Catholic Mass With Father John 1:30 Non-denominational Church Service 2:30 Entertainment with Peter Lieberman	<b>6</b> 9:30 Senior Café 10:00 Stretch & Sway 10:15 Art Studio 1:30 Driving Test 2:00 Drama Club 2:30 Pokeno 3:30 This or That 6:30 Audio Book	<b>7</b> 9:30 News & Coffee 10:00 Fun Fitness 10:15 DIY Cand Apples 1:30 Brain Games 2:00 Easy Listening 2:30 Bingo 3:30 R&R Session 6:30 Audio Book	<b>8</b> 9:30 Morning Social 10:00 Exercise 10:15 Music & Manicures 1:30 Book Club 2:00 Presidential Trivia 2:30 Autumn Craft 3:30 Hydration Station 6:30 Movie Night	<b>9</b> 9:30 Java & Jive 10:00 Moring Workout 10:15 Soccer Shots 1:30 Resident Led Rosary 2:00 Name 10 2:30 Parchessi 3:30 Snack and Chat 6:30 30 min. Bingo	<b>10</b> 9:30 Coffee Social 10:00 Zumba 10:15 Famous Jewels 1:30 Riddle Me This 2:00 Black Jack 2:30 Bingo 3:30 Happy Hour	<b>11</b> 9:30 Cup of Joe 10:00 Honoring Our Veterans with ENNOBLE CARE 1:30 Word Search 2:00 Poetry Reading 2:30 Bingo 3:30 Italian Opera
<b>12</b> 10:00 Catholic Mass With Father John 1:30 Non-denominational Church Service 2:30 Entertainment with Tom Aalfs	<b>13</b> 9:30 Senior Café 10:00 Stretch & Sway 10:15 Guess The Scent 1:30 Afternoon Stretch 2:00 Hot Potato 2:30 Angel Stories 3:30 Healthy Snack 6:30 Audio Book	<b>14</b> 9:30 News & Coffee 10:00 Fun Fitness 10:15 Card Craft 1:30 Balloon Volley 2:00 Easy Listening 2:30 Bingo 3:30 R&R Session 6:30 Audio Book	<b>15</b> 9:30 Morning Social 10:00 Exercise 10:15 Music & Manicures 1:30 Famous Sayings 2:00 Autumn Art Show 2:30 Singing Seniors 3:30 Hydration Station 6:30 Movie Night	<b>16</b> 9:30 Java & Jive & Exercise 10:00 Sip-n-Paint 11:00 Dining Room Open 1:30 Music in the Café 2:15 Pre-Thanksgiving Celebration 6:30 30 min. Bingo	<b>17</b> 9:30 Coffee Social 10:00 Zumba 10:15 Wheel of Fortune 1:30 Meditation Session 2:00 Dominoes 2:30 Bingo 3:30 TGIF Social	<b>18</b> 9:30 Cup of Joe 10:00 Sit and Be Fit 10:15 Jeopardy 1:30 Motor Sports 2:00 Carol Burnett 2:30 Bingo 3:30 Snack and Cat
<b>19</b> 10:00 Catholic Mass With Father John 1:30 Non-denominational Church Service 2:30 Entertainment with Jeffery Pierce	<b>20</b> 9:30 Senior Café 10:00 Stretch & Sway 10:15 Thanksgiving Prep 1:30 Family Traditions 2:00 Music in the Café 2:30 Thanksgiving Social 3:30 Football Clips 6:30 Audio Book	<b>21</b> 9:30 News & Coffee 10:00 Fun Fitness 10:15 Resident Council 1:30 Afternoon Stretch 2:00 Easy Listening 2:30 Bingo 3:30 R&R Session 6:30 Audio Book	<b>22</b> 9:30 Morning Social 10:00 Exercise 10:15 Music & Manicures 1:30 Meditation Session 2:00 20 Questions 2:30 Newspaper Clippings 3:30 Hydration Station 6:30 Movie Night	<b>23</b> <b>Happy Thanksgiving</b> 10:00 Morning Workout 10:15 Café Social & Parade 1:30 Resident Led Rosary 2:30 Holiday Entertainment with Sarah	<b>24</b> 9:30 Coffee Social 10:00 Zumba 10:15 Kitchen Corner 1:30 Black Friday 2:00 I Love Lucy 2:30 Bingo 3:30 Happy Hour	<b>25</b> 9:30 Cup of Joe 10:00 Sit and Be Fit 10:15 Taskmaster 1:30 Antique Road Show 2:00 Follow My Moves 2:30 Bingo 3:30 Elvis Tunes
<b>26</b> 10:00 Catholic Mass With Father John 1:30 Non-denominational Church Service 2:30 Entertainment with Richard Stillman	<b>27</b> 9:30 Senior Café 10:00 Stretch & Sway 10:15 Deal or No Deal 1:30 Mental Math 2:00 Wild Nature 2:30 Family Trees 3:30 Jell-O Shots 6:30 Audio Book	<b>28</b> 9:30 News & Coffee 10:00 Fun Fitness 10:15 Fall Fashion 1:30 Men's & Ladies Club 2:30 Bingo 3:30 R&R Session 6:30 Audio Book	<b>29</b> 9:30 Morning Social 10:00 Exercise 10:15 Music & Manicures 1:30 Singing Seniors 2:30 November Birthday Party with Tonia 6:30 Movie Night	<b>30</b> 9:30 Java & Jive 10:00 Moring Workout 10:15 American Railroads 1:30 Memory Match 2:00 Boxing's Greatest 2:30 Mystery Auction 3:30 Snack and Chat 6:30 30 min. Bingo	<b>Resident Rights:</b> To have your property and money Safeguarded.	<b>Trips: TBA</b> The Calendars are subject to change. Please check dailies for calendar changes .