

# NURSING UNIT SEPTEMBER 2023

| Sun  | Mon  | Tue  | Wed  | Thu   | Fri  | Sat  |
|--|--|--|--|---|--|--|
| <p><b>Resident Right</b><br/>The right to exercise freedom of speech and communicate freely.</p>   |  | <p>The Calendar is Subject to change. Please Check Dailies for changes.</p>  |  | <p><b>Pet Therapy Tuesdays</b><br/><b>10:30 AM</b><br/><b>9/5 &amp; 9/19</b></p>  | <p><b>1</b> 9:45 Zumba<br/>10:15 Cherry Popovers<br/>1:30 A Lil Pick Me Up<br/>2:00 Bingo<br/>3:00 Singing Seniors<br/>3:30 Popover Social<br/>5:45 Movie Night</p>  | <p><b>2</b> 9:45 Exercise<br/>10:15 Games on the Patio<br/>1:30 A Lil Pick Me Up<br/>2:00 Balloon Volley<br/>2:30 Follow My Moves<br/>3:00 Snack &amp; Music<br/>3:30 Hand Massages</p>      |
| <p><b>3</b> 10:00 Catholic Mass<br/>w/ Father Farley<br/>1:30 Non Denominational Church Service<br/>2:30 Music with Charlie Howard</p>                         | <p><b>4</b> 9:45 Fun Fitness<br/>10:15 Music &amp; Manicures<br/>1:30 A Lil Pick Me Up<br/>2:30 Watermelon and Entertainment Sarah</p>   | <p><b>5</b> 9:45 Sit &amp; Be Fit<br/>10:15 Clay Color Match<br/>1:30 A Lil Pick Me Up<br/>2:00 Music Bingo<br/>3:00 Samosa Social<br/>3:30 Dear Abby<br/>5:45 Kickball</p>                          | <p><b>6</b> 9:45 Exercise<br/>10:15 iN2L Tours<br/>1:30 A Lil Pick Me UP<br/>2:00 Bingo<br/>3:00 Would You Rather<br/>3:30 Hydration Station<br/>5:45 Ball Toss</p>                      | <p><b>7</b> 9:45 AM Workout<br/>10:15 Sponge Art<br/>1:30 A Lil Pick Me Up<br/>2:00 Driving Stimulation<br/>3:00 Juice Break<br/>3:30 Balloon Wars<br/>5:45 Riddle Me This</p>            | <p><b>8</b> 9:45 Zumba<br/>10:15 Resident Council<br/>1:30 A Lil Pick Me Up<br/>2:00 Bingo<br/>3:00 Star Trek Day<br/>3:30 Snack &amp; Chat<br/>5:45 Movie Night</p> | <p><b>9</b> 9:45 Exercise<br/>10:15 iN2L Games<br/>1:30 A Lil Pick Me Up<br/>2:00 Karaoke<br/>2:30 Afternoon Stretch<br/>3:00 Snack &amp; Chat<br/>3:30 Famous Sayings</p>                   |
| <p><b>10</b> 10:00 Catholic Mass<br/>w/ Father Farley<br/>1:30 Non Denominational Church Service<br/>2:30 Music with Jack</p>                                  | <p><b>11</b> 9:45 Fun Fitness<br/>10:15 Music &amp; Manicures<br/>1:30 A Lil Pick Me Up<br/>2:30 Reflections of Music<br/>3:00 Ice Tea Social<br/>3:30 You Be the Judge<br/>5:45 TV Classics</p> | <p><b>12</b> 9:45 Sit &amp; Be Fit<br/>10:15 Flower Art<br/>1:30 A Lil Pick Me Up<br/>2:00 Mini Golf<br/>3:00 Donut Social<br/>3:30 Short Stories<br/>5:45 Chat Pack</p>                             | <p><b>13</b> 9:45 Exercise<br/>10:15 Uncle Sam Day<br/>1:30 A Lil Pick Me Up<br/>2:00 Bingo<br/>3:00 Singing Seniors<br/>3:30 Hydration Station<br/>5:45 Short Stories</p>               | <p><b>14</b> 9:45 AM Workout<br/>10:15 Mandala Coloring<br/>1:30 A Lil Pck Me Up<br/>2:30 Around the World<br/>3:00 Snack &amp; Chat<br/>3:30 Frank S. Tunes<br/>5:45 Ring Toss</p>       | <p><b>15</b> 9:45 Zumba<br/>10:15 Make Butterscotch<br/>1:30 A Lil Pick Me Up<br/>2:00 Bingo<br/>3:00 Name 5<br/>3:30 Butterscotch Social<br/>5:45 Movie Night</p>   | <p><b>16</b> 9:45 Exercise<br/>10:15 Funny Facts<br/>1:30 A Lil Pick Me Up<br/>2:00 Name that Tune<br/>2:30 Celebrity Match<br/>3:00 Chat Pack &amp; Snack<br/>3:30 R&amp;R on the Patio</p> |
| <p><b>17</b> 10:00 Catholic Mass<br/>w/ Father Farley<br/>1:30 Non Denominational Church Service<br/>2:00 Communion &amp; Singing with Sacred Heart Church</p> | <p><b>18</b> 9:45 Fun Fitness<br/>10:15 Music &amp; Manicures<br/>1:30 A Lil Pick Me Up<br/>2:00 Table Top Bowling<br/>3:00 Ice Cream Social<br/>3:30 Easy Listening<br/>5:45 TV Classics</p>    | <p><b>19</b> 9:45 Sit &amp; Be Fit<br/>10:15 Painting &amp; Music<br/>1:30 A Lil Pick Me Up<br/>2:00 Gardening<br/>3:00 Rice Krispies Social<br/>3:30 Tongue Twister<br/>5:45 Trivia &amp; Songs</p> | <p><b>20</b> 9:45 Exercise<br/>10:00 Jewelry Making<br/>1:30 A Lil Pick Me Up<br/>2:00 Fall Bingo<br/>3:00 Juice Break &amp; Music<br/>3:30 Afternoon Stretch<br/>5:45 Bean Bag Toss</p> | <p><b>21</b> 9:45 AM Workout<br/>10:15 Penny Ante<br/>1:30 A Lil Pick Me Up<br/>2:30 September Birthday Party Richard Stillman<br/>3:30 Easy Listening</p>                                | <p><b>22</b> 9:45 Zumba<br/>10:15 Design Your Cone<br/>1:30 A Lil Pick Me Up<br/>2:00 Bingo<br/>3:00 Singing Seniors<br/>3:30 Cone Social<br/>5:45 Movie Night</p>   | <p><b>23</b> 9:45 Exercise<br/>10:15 iN2L Games<br/>1:30 A Lil Pick Me Up<br/>2:00 20 Questions<br/>2:30 Kickball<br/>3:00 Snack &amp; Chat<br/>3:30 Hand Massages</p>                       |
| <p><b>24</b> 10:00 Catholic Mass<br/>w/ Father Farley<br/>1:30 Non Denominational Church Service<br/>2:30 Music with Kelly Carpenter</p>                       | <p><b>25</b> 9:45 Fun Fitness<br/>10:15 Music &amp; Manicures<br/>1:30 A Lil Pick Me Up<br/>2:00 Match My Card<br/>3:00 iN2L Games<br/>3:30 Chips Social<br/>5:45 TV Classics</p>                | <p><b>26</b> 9:45 Sit &amp; Be Fit<br/>10:15 Autumn Craft<br/>1:30 A Lil Pick Me Up<br/>2:00 How Many Words<br/>3:00 Juice Break<br/>3:30 Family Feud<br/>5:45 Stickball</p>                         | <p><b>27</b> 9:45 Exercise<br/>10:15 Board Game Sorry<br/>1:30 A Lil Pick Me Up<br/>2:00 Bingo<br/>3:00 Singing Seniors<br/>3:30 French Fry Social<br/>5:45 Clichés</p>                  | <p><b>28</b> 9:45 AM Workout<br/>10:15 Fall Collage<br/>1:30 A Lil Pck Me Up<br/>2:00 Shooting Hoops<br/>3:00 Hydration Station<br/>3:30 Dean Martin Music<br/>5:45 Finish the Phrase</p> | <p><b>29</b> 9:45 Zumba<br/>10:15 Biscotti Day<br/>1:30 A Lil Pick Me Up<br/>2:00 Bingo<br/>3:00 Singing Seniors<br/>3:30 Biscotti Social<br/>5:45 Movie Night</p>   | <p><b>30</b> 9:45 Exercise<br/>10:15 Edible Flowers<br/>1:30 A Lil Pick Me Up<br/>2:00 Funny Videos<br/>2:30 Hangman<br/>3:00 Juice Break<br/>3:30 Sing Along</p>                            |