

Hearthside Commons August 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Residents Rights: The right to receive personal care that accommodates physical, medical, emotional and social needs</p>		<p>1 10:00 Morning Workout 10:15 Paper Mache 1 1:30 Balloon Volley 2:15 Virtual Tour 2:30 Bingo 3:30 Snack and Chat 6:30 Audio Book Hour</p>	<p>2 9:30 Current Events 10:00 Exercise 10:15 Music & Manicures 1:30 Singing Seniors 2:00 Art Show with Judy 3:00 Coloring Book Day 3:30 Hydration Station 6:30 Movie Night</p>	<p>3 <u>Watermelon Day</u> 9:30 Cup-a-Joe 10:00 Sit & Be Fit 10:15 Watermelon Recipes 1:30 Spanish Lessons 2:00 Farming Facts 2:30 Mini Golf 3:30 Watermelon Social 6:30 30min. Bingo</p>	<p>4 9:30 Coffee & Tea 10:00 Zumba 10:15 U.S. Coast Guard 1:30 How's it Made 2:00 Chat Pack 2:30 Bingo 3:30 White Wine Social 6:30 Cards w. Friends</p>	<p>5 9:30 Java & Jive 10:00 Sunrise Stretch 10:15 Name 10 1:30 Famous Twins 2:00 Easy Listening 2:30 Bingo 3:30 Country Songs</p>
<p>6 10:00 Catholic Mass w/ Father John 1:30 Non Denomination Church Service 2:30 Entertainment Featuring: Candyce G.</p>	<p>7 <u>Lighthouse Day</u> 10:00 Fun Fitness 10:15 Famous Speeches 1:30 Ocean Meditations 2:00 State Flowers 2:30 Lighthouse Hour 3:30 Beach Drinks 6:30 Lobby Social</p>	<p>8 9:30 Sunrise Cafe 10:00 Workout / Pet Therapy 10:15 Holistic Approaches 1:30 Mindful Meditations 2:00 Cat Breeds 2:30 Bingo 3:30 Mochi Social 6:30 Audio Book Hour</p>	<p>9 <u>Book Lovers Day & Bring Your Kid to Work Day</u> 10:00 Balloons & Music 10:15 Donuts & Perler Art 1:30 Favorite Readings 1:45 Beach Theme Bingo 2:30 Rootbeer Float Party 3:30 Easy Listening 6:30 Movie Night</p>	<p>10 9:30 Cup-a-Joe 10:00 Sit & Be Fit 10:15 Paper Mache 11 1:30 Resident Led Rosary 2:00 Tattoo Removal 2:30 Purple Heart Social 3:30 Music on the Patio 6:30 30min. Bingo</p>	<p>11 9:30 Coffee & Tea 10:00 Zumba 10:15 Bocce Ball 1:30 Tongue Twisters 2:00 Sun Safety 2:30 Bingo 3:30 Healthy Drink 6:30 Cards w. Friends</p>	<p>12 9:30 Java & Jive 10:00 Sunrise Stretch 10:15 Word in a Word 1:30 Crazy Eights 2:00 Italian Opera 2:30 Bingo 3:30 Disco Fever</p>
<p>13 10:00 Catholic Mass w/ Father John 1:30 Non Denomination Church Service 2:30 Entertainment Featuring: Entertainers Plus</p>	<p>14 9:30 Morning Social 10:00 Fun Fitness 10:15 Spirit of '45 1:30 Wild Life: Lizards 2:00 Play Ball! 2:30 Money Matters 3:30 Creamsicle & Sun 6:30 Lobby Social</p>	<p>15 10:00 Body Workout 10:15 Resident Council Followed Nutrition Talk 1:30 Yoga Moves 2:00 Mindful Meditations 2:30 Bingo 3:30 Drink Specials 6:30 Audio Book Hour</p>	<p>16 9:30 Current Events 10:00 Exercise 10:15 Music & Manicures 1:30 Singing Seniors 2:00 Motor Sports 2:30 Build-a-Baby Shower 3:30 Rum Day 6:30 Movie Night</p>	<p>17 <u>8:00 Men's Breakfast</u> 10:00 Sit & Be Fit 10:15 American Artist 1:30 Spanish Lessons 2:00 Tour of Spain 2:30 Music Afternoon w/ Terrific Ted 6:30 30min. Bingo</p>	<p>18 9:30 Coffee & Tea 10:00 Zumba 10:15 Bowling 1:30 UNO 2:00 Tongue Twister 2:30 Bingo 3:30 TGIF Social 6:30 Cards w. Friends</p>	<p>19 9:30 Java & Jive 10:00 Sunrise Stretch 10:15 Paint Pouring 1:30 Honey Bee 2:00 Carol Burnet 2:30 Bingo 3:30 Sinatra Songs</p>
<p>20 10:00 Catholic Mass w/ Father John 1:30 Non - Denomination Church Service 2:30 Entertainment Featuring: Tom Alfas</p>	<p>21 <u>Spumoni Day</u> 10:00 Fun Fitness 10:00 Resident Led Bible Study 10:15 Making Spumoni's 1:30 Gold Rush 2:00 Panning For Gold 2:30 Italy Tour & Social 3:30 Senior Highlights 6:30 Lobby Social</p>	<p>22 9:30 Sunrise Cafe 10:00 Workout / Pet Therapy 10:15 Shuffle Board 1:30 Folklore & Legends 2:00 Word Search 2:30 Letter Bingo 3:30 Plant Milk Tasting 6:30 Audio Book Hour</p>	<p>23 9:30 Coffee & Tea 10:00 Exercise 10:15 Music & Manicures 1:30 Hawaiian Heritage 2:00 Making Mini Pies 3:00 Song Puzzles 3:30 Pie Social 6:30 Movie Night</p>	<p>24 <u>Relaxation Day</u> 10:00 Sit & Be Fit 10:15 1920's Timeline 1:30 Resident Led Rosary 2:00 Metta Meditations 2:30 JHH Resort 3:30 R&R on the Patio 6:30 30min. Bingo</p>	<p>25 9:30 Coffee & Tea 10:00 Zumba 10:15 Math Quiz 1:30 Laughy Taffy 2:00 Tony Bennett Music 2:30 Bingo 3:30 Happy Hour 6:30 Cards w. Friends</p>	<p>26 9:30 Java & Jive 10:00 Sunrise Stretch 10:15 Alphabet Game 1:30 Dental Health 2:15 Easy Listening 2:30 Bingo 3:30 Broadway Favorites</p>
<p>27 10:00 Catholic Mass w/ Father John 1:30 Non - Denomination Church Service 2:30 Entertainment Featuring: Kelly Carpenter</p>	<p>28 9:30 Morning Social 10:00 Fun Fitness 10:15 Wheel of Fortune 1:30 Group Stretch 2:00 Notting Hill Carnival 2:30 Carnival Craft 3:30 Carnival Foods 6:30 Lobby Social</p>	<p>29 <u>Be Kind to Humankind Week</u> 9:30 Sunrise Cafe 10:00 Morning Workout 10:15 Acts of Kindness 1:30 Beach Sensory 2:00 Crosswords 2:30 Dollar Bingo 3:30 Fish & Chips Social 6:30 Audio Book Hour</p>	<p>30 9:30 Current Events 10:00 Exercise 10:15 Music & Manicures 1:30 Famous Faces 2:00 Patio Jazz Music 2:30 Beach Theme August Birthday Celebration 6:30 Movie Night</p>	<p>31 <u>National Eat Outside</u> 9:30 Cup-a-Joe 10:00 Sit & Be Fit 10:15 No Oven Dessert 11:30 Lunch on the Patio 2:00 Classic Radio Day 2:30 Paper Crafting 3:30 Aqua Fresca 6:15 Casino Night</p>		