

Sun

Mon

Tue

Wed

Thu

Fri

Sat

HEARTHSIDE COMMONS

APRIL 2023

The right to have or not have families and friends participation in resident service planning and implementation;

1
10:00 Morning Workout & Music Social
1:30 Bingo
2:30 Movie & Concessions Stand

2 Palm Sunday
10:00 Catholic Mass w/ Father John
1:30 Church Service (TV)
2:30 Entertainment & Snacks w/ Candyce G.

3 9:30 Morning Social
9:45 Trip: Stop & Shop
10:00 Zumba
10:15 How Many Words
1:30 Connect 4
2:00 Famous Places
2:30 Famous Faces
3:30 Ice Tea Social

4 9:30 Weekly Weather
10:00 Water Bottle W/O
10:15 I Spy
1:30 Afternoon Stretch
2:00 Chat Pack
2:30 Bingo
3:30 AFV & Snacks
6:30 Games with Friends

5 9:30 Front Page Chat
10:00 Parachute Fitness
10:15 Music & Manicures
11:45 Men's Luncheon
2:15 Frank Sinatra Concert
2:30 Easter Craft
3:30 Peeps Social

6 9:30 Java & Jive
10:00 Rubber-band Fitness
10:15 Easter Egg Dying
1:30 Grade My Paper
2:30 Instrument Circle with Richard Casella
3:30 Twinkie Social
6:30 Movie Night

7 Good Friday
9:30 Morning Mingle
9:45 Trip: Dollar Tree
10:00 Sit and Be Fit
10:15 Independent Social
1:30 Resident Lead Rosary
2:30 Afternoon Movie
6:30 Cards with Friends

8
10:00 Morning Workout & Music Social
1:30 Bingo
2:30 Movie & Concessions Stand

9 10:00 Catholic Mass w/ Father John
1:30 Church Service w/ Kezia from Bibleway
2:30 Entertainment & Snacks w/ Richard Stillman

10 9:30 Morning Social
10:00 Zumba
10:15 Memory Match
1:30 Trip: CVS
1:30 Cleaning Hacks
2:00 Monday Meditations
2:30 Pokeno
3:15 Monday Mimosas

11 9:30 Weekly Weather
10:00 Water Bottle W/O
10:15 Balloon Volley
1:30 Brain Teasers
2:00 Easy Listening
2:30 Bingo
3:30 Citrus Social
6:30 Games with Friends

12 9:30 Front Page Chat
9:30 Trip: Kohl's
10:00 Parachute Fitness
10:15 Music & Manicures
1:30 Andre Rieu Concert
2:30 Celebrating Matthew's 104th Birthday
All are invited to attend!

13 9:30 Java & Jive
10:00 Rubber-band Fitness
10:15 Task Master
1:30 Trip: Cherry Blossoms
1:30 Singing Seniors
2:15 Survey Says
3:30 Sparkling Water
6:30 Movie Night

14 9:30 Morning Mingle
10:00 Sit and Be Fit
10:15 Jeopardy
1:30 Bible Study
2:00 Inspirational Music
2:30 Bingo
3:30 Happy Hour
6:30 Card with Friends

15
10:00 Morning Workout & Music Social
1:30 Bingo
2:30 Movie & Concessions Stand

16 10:00 Catholic Mass w/ Father John
1:30 Church Service (TV)
2:30 Entertainment & Snacks w/ Leonardo

17 9:30 Morning Social
10:00 Zumba
10:15 Crossword Social
1:45 Resident Right Bingo with Tatiana and Prizes
2:45 Fact or Fiction & Boggle
3:30 Wine & Music

18 9:30 Weekly Weather
10:00 Water Bottle W/O
10:30 Resident Council
1:30 Yoga Moves
2:00 Mindful Meditation
2:30 Bingo
3:30 Tasty Tuesday
6:30 Games with Friends

19 9:30 Front Page Chat
10:00 Parachute Fitness
10:15 Music & Manicures
11:30 Trip: Star Tavern
1:30 Wild Life: Frogs
2:15 Andre Bocelli Concert
2:30 Paint Pouring
2:30 Men's Club

20 9:30 Java & Jive
10:00 Rubber-band Fitness
10:15 Glitter Portraits
1:30 Singing Seniors
2:30 Brussel Sprout Cook-off
3:30 Cook-off Judging
6:30 Movie Night

21 9:30 Morning Mingle
10:00 Sit and Be Fit
10:15 Hangman
1:30 Resident Lead Rosary
2:00 Inspirational Music
2:30 Bingo
3:30 TGIF Social
6:30 Cards with Friends

22
10:00 Morning Workout & Music Social
1:30 Bingo
2:30 Movie & Concessions Stand

23 10:00 Catholic Mass w/ Father John
1:30 Church Service (TV)
2:30 Entertainment & Snacks w/ Charlie Howard

24 9:30 Morning Social
10:00 Zumba
10:15 Child Stars
1:30 Board Games
2:00 Monday Meditations
2:30 You be the Judge
3:15 Hydration Station

25 9:30 Weekly Weather
9:30 Trip: Target
10:00 Water Bottle W/O
10:15 Tabletop Pool
1:30 Tai Chi
2:30 Bingo
3:30 Point Store
6:30 Games with Friends

26 9:30 Front Page Chat
10:00 Parachute Fitness
10:15 Music & Manicures
1:30 How the Body Works
1:30 Trip: Dunkin Donuts
2:15 Dean Martin Concert
2:30 Sip and Paint
3:30 Oatmeal Social

27 9:30 Java & Jive
10:00 Rubber-band Fitness
10:15 Time Line
1:30 Color Therapy
2:30 Celebrating April Birthdays w/ Scott G.
6:30 Movie Night

28 9:30 Morning Mingle
10:00 Sit and Be Fit
10:00 Trip: Walgreens
10:15 Bocce Ball
1:30 Finish the Lyric
2:00 Easy Listening
2:30 Bingo
3:30 Happy Hour
6:30 Cards with Friends

29
10:00 Morning Workout & Music Social
1:30 Bingo
2:30 Movie & Concessions Stand

30 10:00 Catholic Mass w/ Father John
1:30 Church Service (TV)
2:00 Performance by Shooting Star Dance Co.
2:30 Entertainment & Snacks w/

