

# Hearthside Commons January 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b> <u>Happy New Year</u> 10:00 Catholic Mass w/ Father John 1:30 Church Service on TV 2:30 Happy New Year Social & Games	<b>2</b> 10:00 Sit and Be Fit 10:15 Coffee Social & Music Concert 2:30 Movie & Popcorn	<b>3</b> 10:00 Chair Aerobics 10:15 How Many Words 1:30 Easy Listening 2:00 Science Fiction Facts 2:30 Bingo 3:30 Tasty Tuesdays 6:30 Jenga	<b>4</b> 10:00 Jazzercise 10:15 Music & Manicures 1:30 Clips of Alaska 2:00 Mind, Body & Wellness 2:30 Bowling & Thank You's 3:30 Snack and Chat 6:30 Movie Night	<b>5</b> 10:00 Exercise 10:15 Task Master 2:00 Ancient Birds 2:30 Making Fry Bread 3:30 Fry Bread Social 6:30 Table Tennis	<b>6</b> 10:00 Zumba 10:15 Farkle 1:30 Rosary 2:00 Inspirational Songs 2:30 Bingo 3:30 TGIF Social 6:30 Games with Friends	<b>7</b> 10:00 Exercise 10:15 Famous Bridges 1:30 Music Choice 2:00 Animal Kingdom 2:30 Bingo 3:30 Hydration & Music
<b>8</b> 10:00 Catholic Mass w/ Father John 1:30 Church Service with Bible way 2:30 Entertainment and Refreshments	<b>9</b> 10:00 Sit and Be Fit 10:15 Wheel of Fortune 1:30 I Love Lucy Show 2:00 Dominoes 2:30 Elvis Bday Social 3:30 Celebrity Trivia 6:30 Games w/ Friends	<b>10</b> 10:00 Chair Aerobics 10:15 Literary Session 1:30 Easy Listening 2:00 Spelling Bee 2:30 Bingo 3:30 Blonde Brownies 6:30 Boggle	<b>11</b> 10:00 Jazzercise 10:15 Music & Manicures 1:30 Clips of Ireland 2:00 Afternoon Stretch 2:30 2023 Calendar Craft 2:45 Men's Program 3:30 Snack and Chat 6:30 Movie Night	<b>12</b> 10:00 Exercise 10:15 Dice Bingo 1:30 Singing w/ Anthony 2:00 Flag Match 2:30 Hot Tea Day & Making Bread 3:30 Bread and Tea Social 6:30 Yahtzee	<b>13</b> 10:00 Zumba 10:15 Morning Spa 1:30 Bible Study 2:00 Inspirational Songs 2:30 Bingo 3:30 Happy Hour 6:30 Games with Friends	<b>14</b> 10:00 Exercise 10:15 Song Puzzles 1:30 Music Choice 2:00 Are You Smarter Than A 5th Grader 2:30 Bingo 3:30 Hydration & Music
<b>15</b> 10:00 Catholic Mass w/ Father John 1:30 Church Service on TV 2:30 Entertainment and Refreshments	<b>16</b> <u>MLK Jr. Day</u> 10:00 Sit and Be Fit 10:15 Lawrence Welk Show 2:00 Catholic Communion w/ Deacon Jerri 2:30 MLK Jr. Social & Facts (Nursing Unit DR)	<b>17</b> 10:00 Chair Aerobics 10:30 Resident Council Mtg 1:30 Easy Listening 2:00 January Famous Dates 2:30 Bingo 3:30 Blizzard Treats 6:30 Black Jack	<b>18</b> 10:00 Jazzercise 10:15 Music & Manicures 1:30 Afternoon Stretch 2:30 Inspire Your Heart With Art 3:15 Gourmet Coffee Social 6:30 Movie Night	<b>19</b> 10:00 Exercise 10:15 Bocce Ball 1:30 Activity Planning Mtg 2:00 Picnic Basket Packing 2:30 Indoor Picnic 3:30 Point Store 6:30 Letter Bingo	<b>20</b> 10:00 Zumba 10:15 Left Right Center 1:30 Rosary 2:00 Inspirational Songs 2:30 Bingo 3:30 Cheese Lovers Social 6:30 Games with Friends	<b>21</b> 10:00 Exercise 10:15 Jenga 1:30 Music Choice 2:00 History of Braille 2:30 Bingo 3:30 Hydration & Music
<b>22</b> 10:00 Catholic Mass w/ Father John 1:30 Church Service with Bible way 2:30 Entertainment and Refreshments	<b>23</b> 10:00 Sit and Be Fit 10:15 Crossword Puzzle 1:30 Andre Rieu 2:00 Book Club 2:30 Rhonda's Favorite Activity 3:30 Cheesecake Social 6:30 Games w/ Friends	<b>24</b> 10:00 Chair Aerobics 10:15 State Social 1:30 Easy Listening 2:00 Fill in the Blank 2:30 Eric Favorite Activity 3:30 Social & Music 6:30 Uno	<b>25</b> 10:00 Jazzercise 10:15 Music & Manicures 1:30 Clips of Missouri 2:00 Afternoon Stretch 2:30 Shatonya's Favorite Activity 3:30 Snack and Chat 6:30 Movie Night	<b>26</b> 10:00 Exercise 10:15 Hope's Favorite Activity 1:30 Singing w/ Anthony 2:30 Celebrating Activity Professional Week Bash! Residents & Staff Activity 6:30 Pokemo	<b>27</b> 10:00 Zumba 10:15 Chat Pack Social 1:30 Snow Ball Toss 2:00 Band Workout 2:30 Raquel's Favorite Activity 3:30 Happy Hour 6:30 Games with Friends	<b>28</b> 10:00 Exercise 10:15 Kid Inventors 1:30 Music Choice 2:00 What's in the Bag 2:30 Bingo 3:30 Hydration & Music
<b>29</b> 10:00 Catholic Mass w/ Father John 1:30 Church Service on TV 2:30 Entertainment and Refreshments	<b>30</b> 10:00 Sit and Be Fit 10:15 Jeopardy 1:30 Rat Pack Live Concert Residents & Staff Activity 2:30 Bingo 3:30 Social & Music 6:30 Games w/ Friends	<b>31</b> 10:00 Chair Aerobics 10:15 Dear Abby 1:30 Easy Listening 2:00 True or False 2:30 Celebrating January Birthdays 6:30 Poetry & Music	<b>Celebrating            Activity            Professional            Week            23rd-27th</b>	<b>Resident Right:</b> The right to receive care and services that addresses the resident's changing physical and psychological status.	<b>Trips: TBA</b> 	<b>The Calendar is            Subject to Change            Please Check            Dailies for            Calendar Changes.</b>