




Nursing Unit Calendar November 2022

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|--|---|--|---|---|
|  | Resident Right: The right to Privacy | 1 9:30 Exercise 10:15 The Golden Years 1:45 A LII Pick Me Up 2:15 Dissect the Word 3:00 Drinks & Music 3:30 Afternoon Stretch 5:45 Hand Massage & Sinatra Tunes | 2 9:30 Exercise 10:15 History & News Hour 1:45 A LII Pick Me Up 2:15 Mind Joggers 3:00 Snack & Chat 3:30 Follow My Moves 5:45 Kickball | 3 9:30 Exercise 10:15 Word Games 1:45 A LII Pick Me Up 2:15 Hot Cocoa & Current Events 3:00 Snack & Chat 3:30 What Would You Do? 5:45 NY History | 4 9:30 Exercise 10:15 Opposites 1:45 A LII Pick me Up 2:15 Bingo 3:00 Snack & Chat 3:30 5 Senses 5:45 Life of Julie Andrews | 5 9:30 Exercise 10:15 Coloring to Music 1:45 A LII Pick Me Up 2:15 Match My Card 3:00 Juice Break 3:30 Hand Massage |
| 6 10:00 Catholic Mass w/ Father John 1:30 Church Service 2:30 Entertainment & Refreshments | 7 9:30 Exercise 10:15 Music & Manicures 1:45 A LII Pick Me Up 2:15 Horse Racing 3:00 Snack & Chat 3:30 Riddle Me This 5:45 TV Classics | 8 Election Day 9:30 Exercise 10:15 Unscramble the Words 1:45 A LII Pick Me Up 2:15 States Trivia 3:00 Hot Chocolate Social 3:30 Chair Aerobics | 9 9:30 Exercise 10:15 Spelling Bee 1:45 A LII Pick Me Up 2:15 Poetry Session 3:00 Pumpkin Pie Social 3:30 Cilchés 5:45 Evening of Poetry | 10 9:30 Exercise 10:15 Flag Match 1:45 A LII Pick Me Up 2:30 Pre Thanksgiving Celebrations 3:30 Afternoon Stretch 5:45 Stickball | 11 Veterans Day 9:30 Exercise 10:30 Resident Council 1:45 A LII Pick Me Up 2:00 Veterans Day Service 3:00 Sweet Treat 3:30 Balloon Wars | 12 9:30 Exercise 10:15 Bean Bag Toss 1:45 A LII Pick me Up 2:15 Match My Card 3:00 Snack & Chat 3:30 Easy Listening |
| 13 10:00 Catholic Mass w/ Father John 1:30 Church Service 2:30 Entertainment & Refreshments | 14 9:30 Exercise 10:15 Music & Manicures 1:45 A LII Pick Me Up 2:15 Famous Inventions 3:00 Social with Friends 3:30 Who Am I ? 5:45 TV Classics | 15 9:30 Exercise 10:15 Collages 1:45 A LII Pick Me Up 2:15 Basket & Bowl Painting 3:00 Social with Friends 3:30 Riddle Time 5:45 Tea & Short Stories | 16 9:30 Exercise 10:15 Dental Facts 1:45 A LII Pick Me Up 2:15 Pokeno 3:00 Social with Friends 3:30 NJ Facts 5:45 Animal Trivia | 17 9:30 Exercise 10:15 Autumn Wreaths 1:45 A LII Pick Me Up 2:30 Making Soup 3:00 Soup Social 3:30 Follow My Moves 5:45 Kitchen Sensory | 18 9:30 Exercise 10:15 Left, Right & Center 1:45 A LII Pick me Up 2:15 Bingo 3:00 Social with Friends 3:30 Chair Dance 5:45 Transportation Jingo | 19 9:30 Exercise 10:15 Ball Toss 1:45 A LII Pick Me Up 2:15 Match My Card 3:00 Juice Break 3:30 Follow My Moves |
| 20 10:00 Catholic Mass w/ Father John 1:30 Church Service 2:30 Entertainment & Refreshments | 21 9:30 Exercise 10:15 Music & Manicures 1:45 A LII Pick Me Up 2:30 November Birthday Party 3:00 Snack & Chat 3:30 Name Game 5:45 TV Classics | 22 9:30 Exercise 10:15 Thanksgiving Craft 1:45 A LII Pick Me Up 2:15 True or False? 3:00 Snack & Chat 3:30 Chair Dance 5:45 Famous Couples | 23 9:30 Exercise 10:15 Thankful Turkey 1:45 A LII Pick Me Up 2:15 Pokeno 3:00 Snack & Chat 3:30 Follow My Moves 5:45 Volleyball | 24 Thanksgiving Day 9:30 Exercise 10:15 Thanksgiving Recipes 1:45 A LII Pick Me Up 2:15 Thanksgiving Reminiscence 3:00 Snack & Chat 3:30 30 minutes Trivia | 25 9:30 Exercise 10:15 Sip & Paint 1:45 A LII Pick Me Up 2:15 Bingo 3:00 Snack & Chat 3:30 Chair Dance 5:45 Movie Night | 26 9:30 Exercise 10:15 Kick Ball 1:45 A LII Pick me Up 2:15 Match My Card 3:00 Snack & Chat 3:30 Chair Dance |
| 27 10:00 Catholic Mass w/ Father John 1:30 Church Service 2:30 Entertainment & Refreshments | 28 9:30 Exercise 10:15 Music & Manicures 1:45 A LII Pick Me Up 2:15 Brain Challenge 3:00 Social with Friends 3:30 Monday Memories 5:45 TV Classics | 29 9:30 Exercise 10:15 Name that President 1:45 A LII Pick Me Up 2:15 This & That Trivia 3:00 Social with Friends 3:30 Dear Abby 5:45 Riddles | 30 9:30 Exercise 10:15 Paper Mache 1:45 A LII Pick Me Up 2:15 Pokeno 3:00 Social with Friends 3:30 Lucky 9 5:45 Would You Rather |  |  | |