

# Nursing Unit October 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>A resident has the right to know of any plan changes, the risks and benefits of proposed care, and care alternatives. In addition, specific medically necessary treatments can be requested, refused or discontinued.</p>		<p>The Calendar is Subject to Change. Please check Dailies for calendar Changes</p>			<p><b>1</b> 9:30 Exercise 10:15 Pumpkin Art 1:45 Afternoon Stretch 2:15 Balloon Volley 3:00 Juice Break 3:30 Hand Massages</p>	
<p><b>2</b> 10:00 Catholic Mass with Father John 1:30 Bibleway Church Service 2:30 Live Music &amp; Refreshments</p>	<p><b>3</b> 9:30 Exercise 10:15 Manicures &amp; Music 1:45 A Lil Pick Me up 2:15 Penny Ante 3:00 Hydration Station 3:30 Follow MY Moves</p>	<p><b>4</b> 9:30 Fitness Fun 10:15 Hollywood Stars 1:45 A Lil Pick Me Up 2:15 Bowling 3:00 Snack and Chat 3:30 Brain Aerobics</p>	<p><b>5</b> 9:30 Exercise 10:15 Volley Ball 1:45 A Lil Pick Me Up 2:15 Mini Golf 3:00 Drinks &amp; Music 3:30 Gospel Sing-along</p>	<p><b>6</b> 9:30 Jazzercise 10:15 Complete the Phrase 1:45 A Lil Pick Me Up 2:15 Pizza Making 3:00 Italian Social</p>	<p><b>7</b> 9:30 Sit &amp; Be Fit 10:15 What's in the Bag 1:45 A Lil Pick Me up 2:15 Bingo 3:00 TGIF Social 3:30 Move to Music</p>	<p><b>8</b> 9:30 Exercise 10:15 Card Bingo 1:45 Afternoon Stretch 2:15 Parachute Game 3:00 Snack and Chat 3:30 Easy Listening</p>
<p><b>9</b> 10:00 Catholic Mass with Father John 1:30 Reading of Psalms 2:30 Music Entertainment &amp; Refreshments</p>	<p><b>10</b> <u>Columbus Day</u> 9:30 Exercise 10:15 Music &amp; Manicures 1:45 A Lil Pick Me up 2:15 True or False 3:00 Hydration Station 3:30 Sing Along</p>	<p><b>11</b> 9:30 Fitness Fun 10:15 Pokeno 1:45 A Lil Pick Me Up 2:15 Bocce Ball 3:00 Mind Joggers 3:30 Snack and Chat 5:45 Bean Bag Toss</p>	<p><b>12</b> 9:30 Exercise 10:15 How Many Words 1:45 A Lil Pick Me Up 2:15 Making Monkey Bread 3:00 Drinks &amp; Music 3:30 Classic TV Shows 5:45 Pumpkin Toss</p>	<p><b>13</b> 9:30 Jazzercise 10:15 States &amp; Capitals 1:45 A Lil Pick Me Up 2:15 Breast Cancer Pins 3:00 Pink Social 3:30 The Rat Pack 5:45 Target Toss</p>	<p><b>14</b> 9:30 Sit &amp; Be Fit 10:15 Resident Council 1:45 A Lil Pick Me up 2:15 Bingo 3:00 Sparkling Drinks 3:30 Move to Music 5:45 Movie Night</p>	<p><b>15</b> 9:30 Exercise 10:15 Coloring to Music 1:45 Afternoon Stretch 2:15 Table Tennis 3:00 Juice Break 3:30 Hand Massages</p>
<p><b>16</b> 10:00 Catholic Mass with Father John 1:30 Bibleway Church Service 2:30 Music Entertainment &amp; Refreshments</p>	<p><b>17</b> <u>Pasta Day</u> 9:30 Exercise 10:15 Manicures &amp; Music 1:45 A Lil Pick Me up 2:15 Pasta 2:30 Art Show w/ Judy 3:30 Balloon Volley</p>	<p><b>18</b> 9:30 Fitness Fun 10:15 Fall Fashion 1:45 A Lil Pick Me Up 2:15 Target Golf 3:00 Clichés 3:30 Snack and Chat 5:45 Ball Toss</p>	<p><b>19</b> 9:30 Exercise 10:15 New Jersey Facts 1:45 A Lil Pick Me Up 2:15 Soap Making 3:00 Drinks &amp; Music 3:30 Gospel Sing-along 5:45 Name 10</p>	<p><b>20</b> 9:30 Jazzercise 10:15 Making A Scarecrow 1:45 A Lil Pick Me Up 2:15 Leaf Art 3:00 Pumpkin Pie Social 3:30 Big Band Music</p>	<p><b>21</b> 9:30 Sit &amp; Be Fit 10:15 Hangman 1:45 A Lil Pick Me up 2:15 Bingo 3:00 TGIF Social 3:30 Move to Music 5:45 Movie Night</p>	<p><b>22</b> 9:30 Exercise 10:15 Puzzles &amp; Music 1:45 Afternoon Stretch 2:15 Table Tennis 3:00 Juice Break 3:30 Easy Listening</p>
<p><b>23</b> 10:00 Catholic Mass with Father John 1:30 Inspirational Music 2:30 Music Entertainment &amp; Refreshments</p>	<p><b>24</b> 9:30 Exercise 10:15 Manicures &amp; Music 1:45 A Lil Pick Me up 2:15 Spelling Bee 3:00 Hydration Station 3:30 Move to Music</p>	<p><b>25</b> 9:30 Fitness Fun 10:15 Fall Collages 1:45 A Lil Pick Me Up 2:15 Stickball 3:00 Math Quiz 3:30 Apple Cider Social</p>	<p><b>26</b> 9:30 Exercise 10:15 Table Games 1:45 A Lil Pick Me Up 2:30 Celebrating October Birthdays 3:30 Easy Listening</p>	<p><b>27</b> 9:30 Jazzercise 10:15 Water Colors/Music 1:45 A Lil Pick Me Up 2:15 Door Wreath 3:00 Chips &amp; Dip 3:30 Dean Martin</p>	<p><b>28</b> 9:30 Sit &amp; Be Fit 10:15 Dot Art 1:45 A Lil Pick Me up 2:15 Bingo 3:00 Happy Hour 3:30 Move to Music</p>	<p><b>29</b> 9:30 Exercise 10:15 Name that Tune 1:45 Afternoon Stretch 2:15 Cooking Class 3:00 Juice Break 3:30 Hand Massages</p>
<p><b>30</b> 10:00 Catholic Mass with Father John 1:30 Reading of Psalms 2:30 Live Music &amp; Refreshments</p>	<p><b>31</b> <u>Happy Halloween</u> 10:15 Halloween Bingo 2:00 Halloween Parade 2:30 Entertainment &amp; Hocus Pocus Punch</p>					