

# Nursing Unit Calendar February 2022

Sun

Mon

Tue

Wed

Thu

Fri

Sat

**Resident Right:**  
**The right to privacy**

THE CALENDAR IS SUBJECT TO CHANGE. PLEASE CHECK DAILIES FOR CALENDAR CHANGES!

**1** 9:30 Exercise  
10:15 The 13th Amendment  
1:45 A Lil Pick Me Up  
2:00 Making Mini Pancakes  
3:00 Pancake Social  
3:30 Hand Massages  
5:45 Ring Toss

**2** Happy Groundhog Day!  
9:30 Sit and Be Fit   
10:15 Shadow Matching  
1:45 Moving and Grooving  
2:00 Groundhog Day Games  
3:00 Social with Friends  
3:30 Name that Price  
5:45 Balloon Volley

**3** 9:30 Exercise  
10:15 Hangman  
1:45 Positive Affirmations  
2:00 Love Songs & Card Making  
3:00 Thirst Quencher Thursday  
3:30 Devotions  
5:45 Balloon Volley

**4** 9:30 Fitness Fun  
10:15 Postage Stamp Art & US Postal Facts  
1:45 Dance Aerobics  
2:00 Bingo  
3:00 TGIF Social  
3:30 Red Balloon Stickball  
5:45 Reminisce with Songs

**5** 9:30 Exercise  
10:00 Table Tennis  
2:00 Creative Corner  
2:30 Extreme Outdoor Activities  
3:30 Snack & Chat

**6** 9:30 Exercise  
10:15 Catholic Mass TV & Coffee Social  
1:30 Inspirational Songs  
2:30 Afternoon Movie

**7** 9:30 Strong Muscles  
10:00 Music & Manicures  
1:45 Afternoon Stretch  
2:00 Periodic Game & Facts  
3:00 Monday Munchies  
3:30 Golf & Music  
5:45 Poetry & Singing

**8** 9:30 Exercise  
10:15 Boy Scout Facts  
1:45 A Lil Pick Me Up  
2:00 Badge Craft & Singing  
3:00 Smores Social  
3:30 Short Stories  
5:45 Kickball

**9** 9:30 Sit and Be Fit  
10:15 Snow Globe Craft  
1:45 Moving and Grooving  
2:00 Name that Song  
3:00 Iowa Social & Facts  
3:30 Dean Martin Music  
5:45 Chair Dance

**10** 9:30 Exercise  
10:15 Paper Umbrellas & Facts  
1:45 Positive Affirmations  
2:00 Afro-American Inventor  
3:00 Thirst Quencher Thursday  
3:30 Snack & Chat  
5:45 Short Stories & Music

**11** 9:30 Fitness Fun  
10:15 Resident Council Mtg.  
1:45 Dance Aerobics  
2:00 Bingo  
3:00 Making Heart Chocolate  
3:30 Clichés  
5:45 Karaoke Sing Along

**12** 9:30 Exercise  
10:00 World Music Tour  
2:00 Creative Corner  
2:30 Pizza Making  
3:30 Snack & Chat

**13** 9:30 Exercise  
10:15 Catholic Mass TV & Coffee Social  
1:30 Bible Trivia  
2:30 Afternoon Movie

**14** Happy Valentine's Day  
9:30 Strong Muscles  
10:00 Music & Manicures  
2:15 Valentines Day Party  
3:00 Monday Munchies  
3:30 Heart Toss  
5:45 Hoop Toss 

**15** 9:30 Exercise  
10:15 Famous Couples  
1:45 A Lil Pick Me Up  
2:00 Kite Craft  
3:00 Mini Snack Social  
3:30 Wild Weather Facts  
5:45 Bean Bag Toss

**16** 9:30 Sit and Be Fit  
10:15 Basketball  
1:45 Moving and Grooving  
2:00 Puppet Craft & Theater  
3:00 Snack and Chat  
3:30 Louis Armstrong Music  
5:45 Soccer

**17** 9:30 Exercise  
10:15 Courtship Rituals  
1:45 Positive Affirmations  
2:00 Short Stories & Music  
3:00 Flavored Sauce Social  
3:30 Baby Lovers  
5:45 5 Pins

**18** 9:30 Fitness Fun  
10:15 Heart Toss  
1:45 Dance Aerobics  
2:00 Bingo  
3:00 TGIF Social  
3:30 Famous Rhyme  
5:45 Name that Tune

**19** 9:30 Exercise  
10:00 Balloon Volley  
2:00 Creative Corner  
2:30 Arabian Horse Facts & Coloring  
3:30 Snack & Chat

**20** 9:30 Exercise  
10:15 Catholic Mass TV & Coffee Social  
1:30 Inspirational Songs  
2:30 Afternoon Movie

**21** President's Day  
9:30 Strong Muscles  
10:00 Music & Manicures  
2:30 Presidential Trivia  
3:00 Red, White & Blue Social  
5:45 Arm Chair Travel

**22** 9:30 Exercise  
10:15 Dice Game  
1:45 A Lil Pick Me Up  
2:00 Bowling  
3:00 Chips & Dip  
3:30 California Facts /Social  
5:45 Name that Song

**23** 9:30 Sit and Be Fit  
10:00 Animal Tile Puzzle  
1:45 Moving and Grooving  
2:00 Pokeno  
3:00 Wisconsin Social /Facts  
3:30 The Andrew Sisters  
5:45 Target Toss

**24** 9:30 Exercise  
10:15 Alphabet Game  
1:45 Positive Affirmations  
2:00 February Birthday Party and Sing Along  
3:30 Sensory Spa  
5:45 Famous Sayings

**25** 9:30 Fitness Fun  
10:15 Crafty Hands Session  
1:45 Dance Aerobics  
2:00 Bingo  
3:00 Bingo Store  
3:30 20 Questions  
5:45 Reminisce w/ Songs

**26** 9:30 Exercise  
10:00 Fairy Tales  
2:00 Creative Corner  
2:30 Spelling Bee  
3:30 Snack & Chat

**27** 9:30 Exercise  
10:15 Catholic Mass TV & Coffee Social  
1:30 Psalms & Proverbs  
2:30 Afternoon Movie

**28** 9:30 Strong Muscles  
10:00 Music & Manicures  
1:45 Afternoon Stretch  
2:00 Wheel of Fortune  
3:00 Monday Munchies  
3:30 Frank Sinatra Tunes  
5:45 Short Story & Songs

