





HEARTHSIDE COMMONS FEBRUARY 2022 CALENDAR

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Resident Rights: To participate in their initial care/service plan and any revisions or updates at the time changes occur;</p>	<p>THE CALENDAR IS SUBJECT TO CHANGE. PLEASE CHECK DAILIES FOR CALENDAR CHANGES</p>	<p>1 <u>Chinese New Year</u> 9:30 Hot News Social 10:00 Fitness Fun 10:15 Exploring the Blues 1:30 Afternoon Aerobics 2:00 Chinese New Year Social 3:00 Bingo 3:40 Snacks on the Go 6:20 Uno</p>	<p>2 <u>Ground Hog Day</u>  9:30 Morning Mingle 10:00 Aerobics & Music 10:15 Manicures & Cuban Coffee 1:30 Bananagrams 2:00 Groundhog Trivia 2:30 Shadow Matching 3:30 Tater Tot Social 6:20 Hangman</p>	<p>3 9:30 Coffee Social 10:00 Strengthen Muscles 10:15 You be the Judge 1:30 Tell A Fairytale 2:00 Men's Club 2:30 Sip and Paint 3:30 Cookie Social 6:20 Bingo</p>	<p>4 9:30 Morning Motivation 10:00 Yoga 10:15 Old Love Letters 1:30 War Songs Sing-Along 2:00 Rosary 2:30 Bingo 3:30 TGIF Social 6:20 Scrabble</p>	<p>5 9:30 Morning Social 10:00 Exercise 10:15 Ink Stamp Post Cards 1:20 Bingo 2:30 Movie & Popcorn</p>
<p>6 10:00 Catholic Mass with Father John 1:30 Church Service with Kezia from Bible Way Church 2:30 Independent Games and Music 3:30 Snack & Chat</p>	<p>7 9:30 Morning Mingle 10:00 Sit & Be Fit 10:15 Arm Chair Travel 1:30 Monday Meditations 2:00 Target Toss 2:30 Fill in the Blank 3:30 Easy Listening 6:20 Music Bingo</p>	<p>8 9:30 Hot News Social 10:00 Fitness Fun 10:15 Sweet Heart Social 1:30 Valentine Craft 2:30 Bingo 3:30 Hydration Station 6:20 Kings in a Corner</p>	<p>9 9:30 Morning Mingle 10:00 Aerobics & Music 10:15 Music & Manicures 1:30 Extreme Outdoors 2:00 Sing with Anthony 2:30 Baking Carrot Muffins 3:30 Muffin Social 6:20 Candy Making</p>	<p>10 9:30 Coffee Social 10:00 Strengthen Muscles 10:15 Word Mining 1:30 Crazy 8 Card 2:00 Drama Club 2:30 Whimsical Art 3:30 Delicious Dessert Social 6:20 Finish the Proverb</p>	<p>11 9:30 Morning Motivation 10:00 Seated Cardio 10:15 Dear Abby 1:30 Jeopardy 2:00 Bible Study 2:30 Bingo 3:30 Karaoke Fun 6:20 Poetry Night</p>	<p>12 9:30 Morning Social 10:00 Exercise 10:15 Romantic Dates and Famous Couples 1:20 Bingo 2:30 Movie & Popcorn</p>
<p>13  Su SUPER BOWL: 10:00 Catholic Mass 1:30 Non-Denominational Church service 2:30 Games and Music 3:30 Snack & Chat</p>	<p>14 <u>Happy Valentines Day</u> 9:30 Funny Love Poems  10:00 Sit & Be Fit 10:15 Making Chocolate Hearts 1:30 Cupid Shuffle Chair Dance 2:30 <u>Valentine's Day Party</u> <u>Announcing JHH King & Queen</u> 6:20 Dominoes</p>	<p>15 9:30 Hot News Social 10:00 Fun Fitness 10:30 Creating with Clay 1:30 Afternoon Aerobics 2:00 Activity Planning 2:30 Bingo 3:30 Healthy Snack 6:20 Card Bingo</p>	<p>16 9:30 Morning Mingle 10:00 Aerobics & Music 10:15 Manicures & French Coffee 1:30 Sing with Anthony 2:00 Italian Facts 2:30 Making Pizza 3:30 Pizza Social 6:20 Black Jack</p>	<p>17 9:30 Coffee Social 10:00 Strengthen Muscles 10:15 Acts of Kindness 1:30 Diamonds are Forever 2:00 Afro-American Inventors 2:30 Soul Food Social 3:30 Jazz 6:20 Bingo</p>	<p>18 9:30 Morning Motivation 10:00 Yoga 10:30 Resident Council Mtg. 1:30 Courtship Rituals 2:00 Rosary 2:30 Pizza 3:30 TGIF Social 6:20 Finish the Proverb</p>	<p>19 9:30 Morning Social 10:00 Exercise 10:15 Match My Card Game 1:20 Bingo 2:30 Movie & Popcorn</p>
<p>20 10:00 Catholic Mass 1:30 Church Service with Kezia from Bible Way Church 2:30 Independent Games and Music 3:30 Snack & Chat</p>	<p>21 <u>President Day</u>  9:30 Morning Mingle 10:00 Sit & Be Fit 10:15 Crossword Puzzle 1:30 Follow my Moves 2:30 Bowling 3:30 Chips & Dip 6:20 Jenga</p>	<p>22 9:30 Hot News Social 10:00 Exercise 10:15 Mediterranean Islands 1:30 Under the Sea Craft & Trivia 2:30 Bingo 3:30 Hydration Station 6:20 Pokeno</p>	<p>23 9:30 Morning Mingle 10:00 Aerobics & Music 10:15 Music & Manicures 1:30 Back in the 70's 2:00 Sing with Anthony 2:30 Price Is Right 3:30 Wine Down Wednesday 6:20 Wheel of Fortune</p>	<p>24 9:30 Coffee Social 10:00 Strengthen Muscles 10:15 Wood Shop 1:30 Horse Racing 2:00 Sports Trivia 2:30 February Birthday 3:30 Ice Cream Social 6:20 Karaoke Sing Along</p>	<p>25 9:30 Morning Motivation 10:00 Seated Cardio 10:15 Women In Sports 1:30 Amazon Rainforest Trivia 2:00 Bible Study 2:30 Bingo 3:30 Happy Hour 6:20 Crazy 8</p>	<p>26 9:30 Morning Social 10:00 Exercise 10:15 Spelling Bee 1:20 Bingo 2:30 Movie & Popcorn</p>
<p>27 10:00 Catholic Mass with Father John 1:30 Non-Denominational Church Service (TV) 2:30 Independent Games & Music 3:30 Snack & Chat</p>	<p>28 9:30 Morning Mingle 10:00 Sit & Be Fit 10:15 Hidden Figures Puzzle 1:30 Monday Meditations 2:00 Finish the Proverb 2:30 Dice Bingo 3:30 Social with Friends 6:20 Kings in a Corner</p>	