

HEARTHSIDE COMMONS NOVEMBER 2020



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 <u>All Saints Day</u> 10:00-12:00 Exercise & Crossword Puzzle 1:30-3:00 Game Cart 3:30-4:00 Cupcake Cart	2 10:00-12:00 Exercise & Fall Poem Social 1:30-3:00 Balloon Toss & Hangman 3:30-4:00 Snacks on the Go	3 <u>Voting Day</u> 9:30 Voting Trip 10:00-12:00 Exercise & Pictionary & Mad Libs 1:30-3:00 Room Door Bingo 3:30-4:00 Red Wine Social	4 10:00-12:00 Yoga Stretches & Short Stories 1:30-3:00 Card Sharks Game 3:30-4:00 Inspirational Visits	5 10:00-12:00 Chair Aerobics & Hot Topics 1:30-3:00 Funny Poem Writing 3:30-4:00 Hydration Cart	6 <u>Vanilla Cup Cake Day</u> 10:00-12:00 Exercise & France Trivia 1:30-3:15 Room Door Bingo 3:30-4:00 Decorate your own Cupcake	7 10:00-12:00 Exercise, Café & Name 10 1:30-3:00 Celebrity Guess Who 3:30-4:00 Happy Hour Express
8 <u>Daylight Savings</u> 10:00-12:00 Exercise & It Happen in November 1:30-3:00 Game Cart 3:30-4:00 Fruit Cart Social	9 10:00-12:00 Exercise & Word Scramble 1:30-3:00 Bowling & Name that Sport 3:30-4:00 Monday Margaritas	10 10:00-12:00 Exercise & Thanksgiving Craft 1:30-3:00 Room Door Bingo 3:30-4:00 Root beer Floats & Ragtime Music	11 <u>Veterans Day</u> 10:00-12:00 Yoga Stretches, Hot Chocolate & Mind Joggers 1:30-3:00 Celebrating Our Veterans 3:30-4:00 Red White & Blue Dessert Cart	12 10:00-12:00 Chair Aerobics & Finish the Proverb 1:30-3:00 Room Door Pokeno 3:30-4:00 Junk Food Cart	13 <u>French Toast Day</u> 10:00-12:00 Exercise & Name that Tune 1:30-3:15 Room Door Bingo 3:30-4:00 French Toast on The Go	14 10:00-12:00 Exercise, Café & Conversation Piece 1:30-3:00 Creative Hands Session 3:30-4:00 Snacks on the Go
15 10:00-12:00 Exercise & Bible Trivia 1:30-3:00 Game Cart 3:30-4:00 Apple Cider Cart	16 10:00-12:00 Exercise & Water Colors 1:30-3:00 Mini Golf & Name that Song 3:30-4:00 Snacks on the Go	17 10:00-12:00 Exercise & Making Tree of Thanks 1:30-3:00 Room Door Bingo 3:30-4:00 Sparkling Cider On the Go	18 <u>Mickey Mouse Birthday</u> 10:00-12:00 Yoga Stretches & Mickey Mouse Craft 1:30-3:30 Mickey Mouse Birthday Cart Celebrating November Birthday	19 10:00-12:00 Chair Aerobics & Dear Abby Social 1:30-3:00 Autumn Jewelry Making & Poems 3:30-4:00 Pop-tarts Cart	20 <u>Pumpkin Pie Day</u> 10:00-12:00 Exercise & Pictionary/ Mad Libs 1:30-3:15 Room Door Bingo 3:30-4:00 Pumpkin Pie & Whip cream	21 10:00-12:00 Exercise, Café & Spelling Bee 1:30-3:00 Tic Tac Toe Trivia 3:30-4:00 Happy Hour Express
22 10:00-12:00 Exercise & Angel Stories Social 1:30-3:00 Game Cart 3:30-4:00 Snack and Chat	23 10:00-12:00 Exercise & Famous Places 1:30-3:00 Target Toss & Name 10 3:30-4:00 Monday Margaritas	24 10:00-12:00 Exercise & Making Christmas Cards 1:30-3:00 Room Door Bingo 3:30-4:00 Veggie Sticks & Dip	25 10:00-12:00 Men's Coffee & Donuts, Ladies Tea & Crumpets 1:30-3:00 Pottery Painting 3:30-4:00 Inspirational Visits	26 <u>Happy Thanksgiving</u> 10:00-12:00 Chair Aerobics & Thanksgiving Jingo 1:30-3:00 Making Turkey Sugar Cookies & Poems of Thanks	27 <u>Fast Food Day</u> 10:00-12:00 Exercise & India Fact or Fiction 1:30-3:15 Room Door Bingo 3:30-4:00 Fast Food Cart & Fast Food Facts	28 10:00-12:00 Exercise, Café & Name that State 1:30-3:00 Match My Card 3:30-4:00 Popcorn Cart
29 10:00-12:00 Exercise & Spelling Bee 1:30-3:00 Game Cart 3:30-4:00 Ice Cream Social	30 10:00-12:00 Exercise & Wheel of Fortune 1:30-3:00 Bocce Ball & Remember When 3:30-4:00 Snacks on the Go	<u>Activity Programs will be conducted on a 1:1 or Hallway Activity. Daily reminders will be given by the Activity Department</u>		<u>The Calendar is subject to change please check dailies for any changes.</u> <u>Resident Right: The right to privacy</u>		