

Hearthside Commons May 2021

Sun

Mon

Tue

Wed

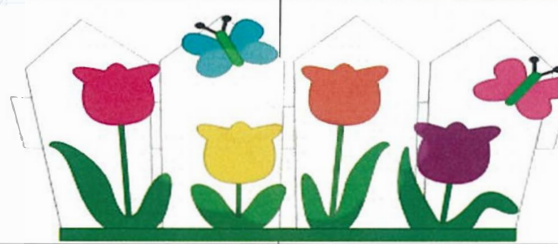
Thu

Fri

Sat

Resident Rights:

Retain and use his or her own personal property, space permitting, in the Resident's living area so as to maintain individuality and personal dignity.



1
10:00 Sit & Be Fit
10:15 Espresso Yourself
1:30 Facts about May Day
2:30 Flower Power Craft
3:30 Soda Floats & Music

2
10:00-11:00 Bible Inspirations
2:30-3:45 Doorway Games & Snacks

3 10:00 Exercise
10:15 Funny Poem Writing
1:30 Monday Meditations
2:30 Unscramble the Word
3:30 Snacks on the Go

4 10:00 Chair Cardio
10:15 Flower Power Craft
1:30 Target Golf
2:30 Bingo
3:30 Tiramisu Tuesday

5 
10:00 Let's Get Shaking
10:15 Spanish Coffee Social
1:30 Cinco de Mayo Craft
2:30 Hallway Bash Cinco de Mayo Style

6 10:00 Move & Groove
10:15 Manicures & Massages
1:30 You be the Judge
2:30 Women's / Men Group
3:30 Hydration Station

7 10:00 Chair Dancing
10:15 Write Your Story
1:30 Yoga Moves
2:30 Bingo
3:30 TGIF Social

8 10:00 Sit & Be Fit
10:15 Paint by Number
1:30 Fill in the Blank
2:30 Golf
3:30 Chips & Dip on the Go

9 
10:00-11:00 Cool Beans Coffee Social
1:15- 2:00 Traveling Mother's Day Cart

10 10:00 Exercise
10:15 Drama Club
1:30 Reminisce Session
2:30 Frank Sinatra Social
3:30 Angel Stories

11 10:00 Chair Cardio
10:15 Singing Spring Songs
1:30 Bocce Ball
2:30 Bingo
3:30 Tater Tot Tuesday

12 10:00 Aerobics Class
10:15 Famous Faces
1:30 Stress Relieve Session
2:30 Taste Test Contest
3:30 Wine Down Wednesday

13 10:00 Move & Groove
10:15 Manicures & Massages
1:30 Match My Card
2:30 Art Class Club
3:30 Activity Packages

14 10:00 Chair Dancing
10:15 Art History
1:30 Afternoon Stretch
2:30 Bingo
3:30 Happy Hour

15 10:00 Sit & Be Fit
10:15 Espresso Yourself
1:30 Wheel of Fortune
2:30 Pokeno
3:30 Music & Wine

16
10:00-11:00 Bible Inspirations
2:30-3:45 Doorway Games & Snacks

17 10:00 Exercise
10:15 Omelet Making
1:30 Monday Meditations
2:30 Making Music Video
3:30 Culture Talk

18 10:00 Chair Cardio
10:15 Crossword Fun
1:30 Hoop Toss
2:30 Bingo
3:30 Taco Tuesday

19 10:00 Aerobics Class
10:15 Name the Sitcom
1:30 Literary Session
2:30 Jewelry Making
3:30 Wellness Wednesday

20 10:00 Move & Groove
10:15 Manicures & Massages
1:30 Black Jack
2:30 Women's / Men Group
3:30 Hydration Station

21 10:00 Chair Dancing
10:15 Resident Council Forms
1:30 Yoga Moves
2:30 Bingo
3:30 TGIF Social

22 10:00 Sit & Be Fit
10:15 Fun Facts
1:30 Horse Racing
2:30 Bean Bag Toss
3:30 Ice Cream Social

23
10:00-11:00 Favorite Hymn Sing-along
2:30-3:45 Doorway Games & Snacks

24 10:00 Exercise
10:15 Spelling Bee
1:30 Making Music Video
2:30 JHH Rodeo
3:30 Short Stories

25 10:00 Chair Cardio
10:15 Music on the Patio
1:30 Stickball
2:30 Bingo
3:30 Turkey Chili Tuesday

26 10:00 Aerobics Class
10:15 Survey Says
1:30 Stress Relieve Session
2:30 Mystery Auction
3:30 Watermelon Wednesday

27 10:00 Move & Groove
10:15 Manicures & Massages
1:30 Art Class Club
2:30 May Birthday Cart
3:30 Fun Packets

28 10:00 Chair Dancing
10:15 Guess the Post It
1:30 Afternoon Stretch
2:30 Bingo
3:30 Happy Hour

29 10:00 Sit & Be Fit
10:15 Espresso Yourself
1:30 Fashion Then & Now
2:30 Bowling
3:30 Cup Cake Cart

30
10:00-11:00 Bible Inspirations
2:30-3:45 Doorway Games & Snacks

31 
10:00 Exercise
10:15 Patriotic Craft
2:30 Memorial Day Cart
3:30 Patriotic Package

