




# Nursing Unit Calendar January 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>Resident's Rights</b> The right to make choices with respect to services and lifestyle</p>					<p><b>1</b> <u>Happy New Year</u> 9:30-12:00 Exercise &amp; Events that happened by Coincident 2:00-3:45 Word Fun</p>	<p><b>2</b> 11:15-12:15 Exercise &amp; sing a Long w/Friends 1:15-2:15 Follow My Moves</p>
<p><b>3</b> 11:15 -12:15 Exercise &amp; Sunday Sing Along 1:15-2:15 Snack Cart</p>	<p><b>4</b> 9:30-12:00 Exercise &amp; Name that State 2:00-3:45 Word Fun &amp; Ice Cream</p>	<p><b>5</b> <u>National Bird Day</u> 9:30-12:00 Exercise &amp; All About Birds Hangman 2:00-3:45 Create Snowflakes/Fireworks Art</p>	<p><b>6</b> <u>Bean Day</u> 9:30-12:00 Exercise &amp; Bean Bag Toss 2:00-3:45 Wheel of Fortune</p>	<p><b>7</b> <u>Old Rock Music Day</u> 9:30-12:00 Exercise &amp; Old Rock Music &amp; Puzzle Fun 2:00-3:45 You Be the Judge</p>	<p><b>8</b> 9:30-12:00 Exercise &amp; Resident Forms, Coffee 2:00-3:45 January Poems</p>	<p><b>9</b> 11:15-12:15 Exercise &amp; Food Jingo 1:15-2:15 Refreshments Served</p>
<p><b>10</b> 11:15-12:15 Exercise &amp; Riddles 1:15-2:15 Snack Cart</p>	<p><b>11</b> 9:30-12:00 Exercise &amp; Did You Know 2:00-3:45 Name 10</p>	<p><b>12</b> 9:30-12:00 Exercise &amp; Name 10 2:00-3:45 New Jersey Facts</p>	<p><b>13</b> 9:30-12:00 Exercise &amp; Finish the Phrase 2:00-3:45 Winter Collage</p>	<p><b>14</b> 9:30-12:00 Exercise &amp; Lets Talk Spanish 2:00-3:45 Music &amp; Hand Care</p>	<p><b>15</b> <u>National Hat Day</u> 9:30-12:00 Exercise &amp; Balloon Toss 2:00-3:45 Arts &amp; Craft (Making hats)</p>	<p><b>16</b> 11:15-12:15 Exercise &amp; Balloon Volley 1:15-2:15 Refreshments Cart</p>
<p><b>17</b> 11:15-12:15 Exercise &amp; Psalms &amp; Proverbs 1:15-2:15 Name that Song</p>	<p><b>18</b> <u>Martin Luther King Day</u> 9:30-12:00 Exercise &amp; MLK Jr. Social 2:00-3:45 Did You Know</p>	<p><b>19</b> 9:30-12:00 Exercise &amp; Jeopardy 2:00-3:45 Jewelry Making &amp; Music</p>	<p><b>20</b> <u>Inauguration Day</u> 9:30-12:00 Exercise &amp; Presidential Discussions 2:00-3:45 Coloring to Music</p>	<p><b>21</b> 9:30-12:00 Exercise &amp; Finish the Song 2:00-3:45 Music &amp; Hand Massages</p>	<p><b>22</b> 9:30-12:00 Exercise &amp; Transportation Jingo 2:00-3:45 Physical Games</p>	<p><b>23</b> 11:15-12:15 Exercise &amp; Kickball 1:15-2:15 Afternoon Stretch</p>
<p><b>24</b> 11:15-12:15 Exercise &amp; Hot Chocolate 1:15-2:15 State Trivia</p>	<p><b>25</b> 9:30-12:00 Exercise &amp; Reminisce Session 2:00-3:45 Snowflakes/Firework Art</p>	<p><b>26</b> 9:30-12:00 Exercise &amp; Kitchen Sensory 2:00-3:45 Jokes &amp; Riddles</p>	<p><b>27</b> <u>National Chocolate Cake Day</u> 9:30-12:00 Exercise &amp; Lets Talk chocolate 2:00-3:45 You Be the Judge</p>	<p><b>28</b> <u>Winnie the Pooh Birthday</u> 9:30-12:00 Exercise &amp; Disney Trivia 2:00-3:45 January Birthday Party</p>	<p><b>29</b> <u>National Puzzle Day</u> 9:30-12:00 Exercise &amp; Trivia 2:00-3:45 Puzzle Fun</p>	<p><b>30</b> 11:15-12:15 Exercise &amp; Coloring to Music 1:15-2:15 Snack Cart</p>
<p><b>31</b> 11:15-12:15 Exercise &amp; Mind Joggers 1:15-2:15 Snack Cart</p>	